## **BROOKROYD SURGERY NEWSLETTER**

#### Welcome to our First Newsletter of 2020.

### CORONAVIRUS – ADVICE FOR PATIENTS

Please see advice from Public Health England for patients regarding the recent Coronavirus outbreak. The general advice is that patients should NOT come into surgery if they are displaying symptoms. They must call 111

Public Health England Novel coronavirus (2019-nCoV)

If you have a cough, or fever, or shortness of breath and have been to any of these places in the last 14 days:

- China
- Thailand
- Japan
- Republic of Korea
- Hong Kong
- Taiwan
- Singapore
- Malaysia
- Macau
- Stay indoors and call NHS 111

If you have been to Wuhan, or Hubei Province, China in the last 14 days ...

> Stay indoors and contact NHS 111 even if you do not have symptoms



Visit NHS.UK for more information

Do you know the symptoms of ovarian cancer?



MARCH IS OVARIAN CANCER AWARENESS MONTH Brookroyd Surgery will be supporting this event.

Look out for leaflets and information in surgery soon!!



#### 12th March 2020 is National Non Smoking Day

Brookroyd Surgery run Stop Smoking clinics in surgery. Please contact our reception team to book an appointment. Please see below links to websites which may offer further help.

https://www.nhs.uk/smokefree

https://www.nhs.uk/live-well/quit-smoking/10-self-help-tips-to-stop-smoking/







BROOKROYD SURGERY IS PART OF A PRIMARY CARE NETWORK CALLED THE SPEN HEALTH AND WELLBEING PRIMARY CARE NETWORK. (SHAWN)

SHAWN IS AN ALLIANCE OF SEVEN PRACTICES WITHIN CLECKHEATON, LIVERSEDGE AND HECKMONDWIKE WORKING TOGETHER UNDER THE DIRECTION OF NHS ENGLAND FOR THE BENEIFT OF THE COLLECTION GROUP OF PATIENTS.

PLEASE FOLLOW US ON OUR FACEBOOK PAGE FOR UPTO DATE INFORMATION ABOUT THE SHAWN PRIMARY CARE NETWORK.

<u>WE'RE HERE FOR YOU, FOR LONGER.</u> Please note you can now book these appointments direct with the service by phoning them on 01924 925517 during their opening times. Monday to <u>Friday 6.30pm—9.30pm Saturdays 9am—4pm Sundays 9am—1pm</u>.

GP and nurse appointments are now available in your area during the evenings and at the weekend. To book an appointment, contact your practice.

Your NHS, here for you.





**1ST PLACE** 

Congratulations to our Flu Colouring Competition Winners.

A big well done from Brookroyd Patient Group and surgery staff. Both children won an Amazon Gift card



2ND PLACE



#### **FUNDRAISING**

Surgery Staff and members of the Patient Group took part in the The Christmas Jumper Day in December and raised an amazing £165 for Save the Children. A big thank you to everyone who donated and a special thank you to our Santa who did a fantastic job collecting for this worthy cause.

#### KEEP HECKY TIDY!!!!

Keep Hecky Tidy! Are a facebook group of people who care about the local community

and are looking for like minded people. If anyone is interested in joining this group you can contact them through their facebook page Keep Hecky Tidy.

# Well-Bean Cafe Dewsbury

#### Hope in a Crisis

A safe and confidential space providing one to one support, a relaxed social area, refreshments & hot food.

Cafe opens 7:30pm to midnight Tuesdays, Wednesdays & Thursdays

Telephone self-referral 6pm - 7pm Later referrals may be considered. 07867028755

he Basement Project, Union House, Union Street
Dewsbury, WF13 1AS

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&Basement Project

#### **Report incident locations efficiently**

Incident locations can be hard to describe. With what3words, any 3m square can be described with just three words.

You can help resources get to exactly the right place faster by sharing its what3words address. That's why businesses and organisations are encouraging you to download the free what3words app. what3words is a really simple way to talk about location.



This newsletter is published by Brookroyd Surgery Patient Group. If you are interested in becoming a member of our group please speak to our reception team for further information. New Members are always welcome. We also welcome any ideas for our next newsletter. If you are a member of any community groups you think maybe of interest to our patients or have any healthy recipes please let us